



Minnesota

Child Care Provider Information Network

We SUPPORT, PROMOTE and STRENGTHEN the family child care profession.

Spring 2018 / Volume 2, Number 1

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2018 Licensing Changes

Are you aware of these changes?

- Recording the **time** as well as the date for fire & storm drills (Minn. Stat. 245A.51, subd. 3)
- When enrolling **new** families, use the **new DHS Admissions Form**
https://mn.gov/dhs/assets/AdmissionandArrangementsForm_tcm1053-316062.pdf
- New form for a child with **allergies**
https://mn.gov/dhs/assets/AllergyInformationForm_tcm1053-316063.pdf
- Complete the **Emergency Preparedness Plan** for the child care
https://mn.gov/dhs/assets/ChildCareEmergencyPlan_tcm1053-317028.pdf
- **Annual licensing inspections** will be **unannounced** (page 4) https://mn.gov/dhs/assets/2017ImplementationPlanforLicensedFamilyChildCare_tcm1053-317056.pdf
- **Exit interviews** must be offered at the end of your licensing visit (page 5)
https://mn.gov/dhs/assets/2017ImplementationPlanforLicensedFamilyChildCare_tcm1053-317056.pdf
- What violations are eligible for a **Fix-It Ticket** (page 10)
http://docs.wixstatic.com/uqd/97183e_becbdbffff184baca503c992d91daf5c.pdf
- The definition of **annual training** is now within the licensing year, not "end of the month...". (CPR, First Aid continue to require renewal within 2 years of when the training was taken previously and Transportation training within 5 years of when it was last taken.) (page 11) https://mn.gov/dhs/assets/2017ImplementationPlanforLicensedFamilyChildCare_tcm1053-317056.pdf
- Child Growth and Development/Behavior Guidance 2 hour **annual required training** can be a **KCF II C or KCF I**. (page 12) https://mn.gov/dhs/assets/2017ImplementationPlanforLicensedFamilyChildCare_tcm1053-317056.pdf

CONTINUED ON NEXT PAGE

- Handling and Disposal of **Bodily Fluids** with the following supplies available: disposable gloves, disposal bags, ties and eye protection. (page 20)
https://mn.gov/dhs/assets/2017ImplementationPlanforLicensedFamilyChildCare_tcm1053-317056.pdf
- Enhanced background studies will not be available or required until, at the earliest, mid to late 2018. (No DHS document available at this time.)

To learn more about any of the items listed above you may check the www.mccpin.org web site for a link to the new Department of Human Services (DHS) web site (where you can also sign up for email updates from DHS) and other DHS links or you can contact your local licensor.

Oatmeal: It's a Keeper!

Hot cereals, such as oatmeal, are money-saving breakfast foods. Not only do they cost much less than cold breakfast cereals, but they also keep longer on the shelf. A box of oat ring cereal, for example, has a shelf life of 6–8 months. A box of oatmeal can last up to three years! This means that if you're an oatmeal fan, you can buy it in bulk and not have to worry about it "going bad."

To ensure the longest shelf life for all cereals, keep them in airtight containers in a cool, dry place where the temperature remains stable. Changes in temperature can cause moisture to condense from the air inside packages. Moisture can cause mold to grow. A dense box of whole grains generally lasts longer than a box of cereal rings, flakes, or puffs because it contains less air.

For more tips on safely storing grains and other dry foods, visit the website www.eatbydate.com/grains/.
www.extension.iastate.edu

PM 2099AK February 2018

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MCCPIN

says Thank You!

MCCPIN will be one year old in March. We are moving from the infant stage to the toddler stage and hope you as a member have seen us “crawling” and “starting to walk” as we enter the child care field in Minnesota representing family child care providers. MCCPIN wishes to thank all of you who have chosen to support the new State Family Child Care Organization through your membership. MCCPIN voluntarily provided benefits to members of the previous state association for this past year. Now all members are providers and advocates who have chosen MCCPIN as a professional child care organization. MCCPIN thanks you for supporting the goals MCCPIN stands for. MCCPIN strives to keep RESOURCES accurate and up-to date on the web site including all the recently implemented legislative changes. EDUCATION and training opportunities are available in more regions of Minnesota. MCCPIN has been NETWORKING with providers and Associations to introduce the organization and informing providers across the state of changes through Shout Outs and one to one contacts. Please remember to register as a member for the upcoming conference day in Mankato. Member registrations are on the “member only” site and check the member’s only site for benefits. The code to enter those pages is mccpinmember (all lower case letters). Please respect that this code is for member use only. Check the home page of the web site for updates and the “News and Updates” under Education for in-depth documentation of information posted on the home page.



MCCPIN Election

The first election of officers for MCCPIN will take place in March. Members on the membership list on the date the ballot is sent will be eligible to vote during a 21 day period of time from March 1 to March 21, 2018. MCCPIN will send out an email with the biographies of the candidates for the office. If there is more than one candidate running for an office, the candidate with the highest vote count will be the elected board member. For regional representatives, the two persons with the highest number of votes will become the regional representative and alternate.



Schwan's Cares Fundraiser

MCCPIN says “thank you” to all providers who supported the fall 2017 Schwan's Cares Fundraiser which concluded in January. These funds along with Thrivent Dollars and Amazon Smile are painless ways to support a non-profit organization with services you are already using.



BOARD MEETINGS

Board meetings are the third Saturday of the month during the organization stage of Minnesota Child Care Provider Information Network.

When: March 17, 2018
10:00 a.m. to 12:00 p.m.

Location: Dodge Center



You may attend in person or via conference call by dialing: 1-218-339-7800 Access code: 3809643.

Future Meeting Dates:

April 21, 2018 Annual meeting and installation of elected officers.
Site to be determined.

Staying Active in Wintertime

Winter months can be a challenge for daily physical activity because the need does not change in cold weather. Adults can ensure children (and they) are moving and developing their muscles by providing large muscle play opportunities. Action rhymes are a great way to get everyone moving. What are action rhymes? These are songs or poems set to motion that tell a story. Some classic action rhymes include “Row Your Boat,” “Ring Around the Rosy,” and “Head and Shoulder, Knees and Toes.”



When winter weather will allow, walking in the snow is a workout in itself; make it more interesting by searching for animal tracks. Pretending to be those animals when there is snow on the ground is a fun new game. Old-time favorite activities like creating a snow angel, dancing the “Hokey Pokey,” or playing the game “Duck, Duck Goose” are also a workout in the snow. Throwing snowballs at a target (a red circle in the snow made using food coloring) will satisfy the throwing urge and no one gets hurt. Following the leader or marching in a circle lifting those legs as high as they can go and swinging arms gets many muscles working.

Source: Posted on December 24, 2012, by Shannon Lindquist, Michigan State

County Association Corner

Your Association’s activities, such as conferences, can be noted in this section in the future. When your association is a member of MCCPIN, your web site and contact information will be posted on the web site under Networking: County Association.

Join Today and Be Listed Here:

County Associations / Neighborhood Groups

- Carver County Licensed Childcare Association
- Dakota County Family Child Care Association
- Dodge County Family Child Care Association
- Goodhue County Licensed Child Care Association
- Pope County Family Child Care Association
- Ramsey County Family Child Care Association
- Scott County Licensed Family Child Care Association
- Wright County Family Child Care Association



Check out our links to their web sites at:
www.mccpin.org/networking/CountyAssociations



1-2-3 Learn Curriculum Trainings*

MCCPIN sponsored two 1-2-3 Learn Curriculum Trainings. One was a two hour overview of the curriculum that is Parent Aware Approved and the second was a four hour in-depth look at what the curriculum offers and how it aligns with the ECIPS. Wendy Prokosch, a family child care provider from Brooklyn Park, wrote and presented the trainings which are DEVELOP approved. The curriculum was created by Jean Lang, a family child care provider in St. Paul. One of MCCPIN's goals is to support family child care provider trainers and their projects. MCCPIN is honored to work with Jean and Wendy to share a curriculum resource with providers that is very affordable.

This training will be offered again in Grand Rapids, on February 24, 2018 at 10:30 a.m. Click on this link for more information: <http://www.mccpin.org/fall-winter-four-hour-trainings>



If your organization is interested in co-sponsoring a half day event for the four hour training, contact Linda Schesso or Deloris Friske and MCCPIN will work with you to set up a successful event.

Here is a link to the 1-2-3 Learn Curriculum website:

A member only website with theme related curriculum for only \$30.00 a year.

Check it out at: <http://123learncurriculum.info/>

Here are links to materials found on the FREE section on 1-2-3 Learn Curriculum website:

- Dental Health Habits Unit
<http://123learncurriculum.info/wp-content/uploads/2018/01/Healthy-Dental-Care-Habits.pdf>
- Dental Health Activities
<http://123learncurriculum.info/wp-content/uploads/2018/01/Dental-Health.pdf>

**The next 3 pages of this newsletter contain curriculum on Healthy Dental practices. There is also a 3 page 1-2-3 Learn Curriculum sample pdf attached to this newsletter for you. These are compliments of Jean Lang.*

Healthy Dental Care Habits

Here's some tips and resources to get started in developing healthy dental care habits with your child:

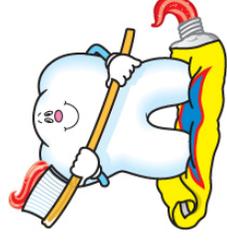
- Be a good role model- set a healthy example by showing your kids that you practice good dental care, let them see you brush and floss for 10 minutes, at least two times a day
- Make your child's dental care routine a priority when they are very young, this will set a good foundation for years to come.
- Nutrition is an important part of oral health- teach kids about eating healthy and limiting high sugar foods.
- Serve food rich in calcium to build strong bones and teeth
- Limit high sugar drinks and fruit juices that linger on your child's teeth- offer water as a healthy alternative.
- Frequent snacking means your child needs more brushing and flossing- Plaque starts to build within 20 minutes of eating!
- Set up dentist appointments for your young child and role model healthy habits by seeing your dentist regularly.

It's important to teach kids about the importance of healthy dental care habits every day.



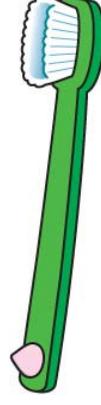
Tooth Care

Tooth decay is caused by food that is left on your teeth. These bits of food make a film on your teeth called plaque. Germs in the plaque make acid, which can eat holes in your teeth. These holes are called cavities.

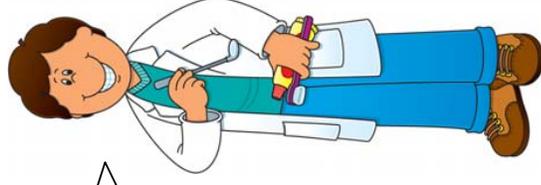


To Keep Your Teeth Clean and Strong:

- Brush your teeth twice a day, after breakfast and before you go to bed.
- Brush with toothpaste that has fluoride. Fluoride helps prevent cavities. (You should never swallow toothpaste).
- Use a toothbrush with soft bristles.
- Brush the front, back, and top of every tooth. Brush your tongue too!
- Visit your dentist twice a year. The dentist will clean and check your teeth.



Tips for
Parents and
Kids



HOORAY

For a Bright Smile!

Congratulations for brushing and showing us
your beautiful smile.

Awarded to: _____

Date: _____

Signed

1-2-3 Learn Curriculum



HOORAY

For a Bright Smile!

Congratulations for brushing and showing us
your beautiful smile.

Awarded to: _____

Date: _____

Signed

1-2-3 Learn Curriculum



Why Is It So Hard to Exercise?

This is the time of year when we have made our New Year's resolutions and so many of us put losing weight on our list. Here are some tips from Iowa State University Extension and some ideas which could be implemented into your active time with your children, especially on those days that go far below zero!

Anyone can have a difficult time making exercise part of their routine. Often it comes down to motivation! Try these tricks to reach your fitness goals:

- **Become an early bird.** Many individuals get in their workouts in the morning, when willpower is at a maximum level and before it dwindles throughout the day.
- **Get other people involved.** Think of kid-friendly activities that your children will enjoy with you or find a friend who likes the same things you do, like running or spinning.
- **Set smaller goals.** It is much easier to fit ten minutes of movement into your day every few hours than to find a larger chunk of time in your schedule. Take one bag of groceries in at a time from the car, do sets of 10 squats or push-ups in between loads of laundry, or take stairs two at a time to get your heart rate up.
- **Keep equipment front and center.** Sometimes a simple thing, like putting your workout gear in your living room, can be key to feeling more motivated.



Physical Fitness Without the Fees

Strength training is just as important as aerobic exercise. Luckily, you don't need to buy expensive fitness equipment or gym memberships. Here are some no-cost ways to increase your strength. See how many of these ideas might become part of your child care day!

- **Lift can or bottle weights.** You can use unopened soup cans from your cupboard, or plastic milk, water, or detergent jugs filled with water or sand.
- **Scoot on paper plates.** Doing lunges on paper plates placed on a carpet helps sculpt the body.
- **Do push-ups.** Push-ups can be done anywhere, anytime. It's helpful for beginners to use counter tops for assistance by placing both hands on the counter and placing the feet behind from an angle.
- **Use old pantyhose as resistance bands.** Anything you can do with resistance bands you can do with pantyhose (squats, curls, and other moves).
- **Conquer the stairs.** Skip escalators and elevators whenever you can. Stair climbing strengthens the legs and exercises the heart.



Visit www.cdc.gov/physicalactivity/basics/videos/ for how-to videos on muscle-strengthening exercises you can do at home.

Source: www.moveitmonday.org/8-cheap-ways-exercise/

Articles courtesy of Iowa State University Extension and Outreach, Words of Wellness Newsletter sent by Rachel Wall, Human Sciences Specialist, Nutrition and Health.

LegalShield:

From the trivial to the traumatic, and everything in between.

Ever have that question “what am I supposed to do?” regarding your child care business (immunization exclusions, Rule 2 interpretation, etc.), your home or personal life (will, taxes, insurance, car accidents, etc.)? You can obtain advice from friends, family members and other providers but rarely do they have true legal knowledge. LegalShield is a pre-paid program which gives you access to legal advice and representation at an affordable (\$19.95/mo. family + \$9.95/mo. business) rate. Have a lawyer at your finger tips! As a MCCPIN member you have access to this plan with a slight discount.

Contact Cyndi Cunningham:

cyndisday@comcast.net or
651-470-4857 for more information and to sign up!

Payments from Parents Using venmo*

<https://venmo.com/>

This program might be considered an electronic wallet. Through venmo (all lower case) parents can pay their provider using money they have in Venmo, or a link to their bank account or debit card. Both provider and parent have to agree to exchange funds from the client’s bank to the provider’s bank through a third party, PayPal. There is NO cost to do this and transfer takes place in about two days. To learn more about what is free and what has fees go to <https://venmo.com/about/fees/>

Having funds in your bank in advance of the week of care, or payment the first day of care in a week, is always a best business practice. This might be worth exploring as a less expensive option in KidKare.

*Tip from Videhi Larson, a participant in the PCI class offered this spring. Thank you, Videhi.

Business Cards

Business cards can be ordered from Vista Print on-line for a reasonable cost and shipping. 250 cards are \$8.99 with economy shipping of \$4.99 for a total of about \$13.98 or about six (6) cents a card. Business cards are great to carry with you all the time to promote family child care and your business.



http://www.vistaprint.com/category/business-cards.aspx?txi=15626&xnid=TopNav_Business+Cards&xnav=TopNav



KidSight USA

KidSight USA, a program sponsored and provided by Lions Clubs, is an eye screening service. Lion Club members are trained to run the machine that does the screening. A key purpose of the program is to catch eye issues early on as so much learning in the early years takes place with a child’s sight. The program has proven to be very reliable in helping parents seek the next step for their children. Check out this resource on the MCCPIN web site and see if your local Lions Club can schedule the screening for providers and parents in your community.

<http://lionskidsightusa.org/>



Quick and Easy Overnight Oats*

When it comes to a quick and healthy breakfast, a jar of “overnight oats” is a great option. This popular instant meal is convenient, nutritious, and delicious. You simply mix raw oats with yogurt and fruit in a jar or other container, and then refrigerate it overnight.

THE BENEFITS ARE PLENTIFUL.

- **IT'S a WHOLE meal.** One serving provides you with food from three of the five MyPlate food groups.
- **IT'S SATISFYING.** The fiber in the oats and fruit makes you feel fuller longer.
- **IT saves TIME.** It takes two minutes to prepare overnight oats the night before and no time at all in the morning to grab a healthy breakfast.
- **IT'S VERSATILE.** Overnight oats have limitless flavor possibilities. Ingredients can range from berries and chocolate to peanut butter and bananas. Your oats will never have to become boring.
- **IT'S a WHOLE GRAIN.** We should eat at least three servings of whole grains daily to reduce our risk of heart disease, diabetes, and certain forms of cancer.



To learn about more tasty ways to incorporate whole grains into your diet, visit:

<https://store.extension.iastate.edu/product/13930>

Source:

http://msue.anr.msu.edu/news/quick_and_easy_overnight_oats

Overnight Oatmeal with Berries*

This recipe can be made as an individual snack or the night before for breakfast.

SERVING SIZE: 1/2 CUP DRY OATS | SERVES: 1

INGREDIENTS

- 1/2 cup low-fat milk (or less for thicker oatmeal)
- 1/4 cup Greek yogurt, fat-free
- 2 teaspoons honey
- 1/4 teaspoon cinnamon
- 1/4 teaspoon vanilla extract
- 1/2 cup uncooked rolled oats
- 1/4 cup raspberries, frozen

INSTRUCTIONS

1. Combine milk, Greek yogurt, honey, cinnamon, and vanilla extract in a container or jar with a lid.
2. Add oats and mix well.
3. Gently fold in raspberries.
4. Cover and refrigerate 8 hours to overnight.
5. Enjoy cold or heat as desired.

Tip: Frozen blueberries or strawberries may be used in place of raspberries.

Nutrition information per serving:

311 calories, 4g total fat, 1g saturated fat, 7mg cholesterol, 86mg sodium, 53g total carbohydrate, 9g fiber, 21g sugar, 17g protein



Source:

<https://whatscooking.fns.usda.gov/recipes/myplate-cnpp/overnight-oatmeal-berries>

*Can be used for breakfast or snack. Meets the whole grain requirement for the CACFP.

Minnesota Child Care Provider Information Network



MCCPIN

Membership Application

Send to: MCCPIN Membership
PO Box 1136
Prior Lake, MN 55372

Member Information

- Individual Membership**
- Provider Initial License Year _____
 - Advocate
 - County Association or Support Group
 - Agency or Organization Advocate
 - Renewal New Member

First name (County Association, Agency, Organization Name) Last Name

Business Name

Address

City

State

Zipcode

County

()
Telephone

()
Cell Phone

Email address (will not be shared or sold)

- Check here to receive information, newsletters, updates by email.
- I would prefer information sent through the U.S. Postal Service

Accreditation/Education

- NAFCC Accreditation CDA MLFCCA Credential
- College Degree/Early Childhood Other _____ Not Applicable

Membership Options (Check or Cash Please do not send cash via mail)

MCCPIN \$48.00 1 year \$90.00 2 years

MCCPIN & NAFCC \$88.00 1 year

Note: NAFCC membership is discounted from \$45.00 to \$40.00 per year

On-Line payment: www.mccpin.org (Membership)

Payment Method: Credit Visa MasterCard

_____-_____-_____/_____
Credit Card Number CSC Code Expiration Date

Check Enclosed _____ (Check Number)

Cash _____ (Amount) _____

Receipt requested No Yes

For Office Use:

Total _____

Check # _____

Received _____

Initials _____

Date Added _____

Small Hands Crafting

To make puffy snowflakes and snowmen, mix equal parts salt and flour in a bowl. Food coloring is optional. Add enough water to make the consistency of pancakes. Pour the mixture into a squirt bottle and let the children make their snowflakes on heavy paper. Microwave the drawing on high for about 30 seconds. The paint is dry and puffy!



Happy Winter

Did you know that maintaining a healthy diet also means you are careful with what you drink?

- High sugar drinks take away a child's appetite for healthy foods.
- Sugar can provide the calories, but not the vitamins and minerals children need to grow and be healthy.
- Fruit juice contains 6 teaspoons of sugar in an 8 oz serving.
- A 20 oz soft drink can contain 15-20 teaspoons of sugar.
- There are 15-20 teaspoons of sugar with 500-700 calories in a 20 oz milkshake.
- Children over the age of 2 should drink 1% or skim milk.

It is important to be aware of the sugar and fat in your favorite beverages. As a CACFP provider, we use the best practice of only serving non-flavored milk or water to keep your child healthy and strong!

Inside Fun: Movement in Winter

Mitten Match – Place numbered mitten pairs around the room. The kids locate all of the mittens and practice numbers while hanging all of the mittens on a clothesline. Try greatest to least and least to greatest. Make sure the the kids move around to complete the task.

Masking Tape Fun – You can use masking tape to make lines (Straight and curved), designs (zigzags, grids) hopscotch/obstacle course, alphabet mazes, and large tic tac toe boards all of over the floor to get the kids moving. Ask the kids to follow the lines. Can they jump between them? If they're on a grid can they put a foot and a hand each in a different box? Can they follow the letters through the maze?

Twister – Make your own large twister board. Using colored feet or circles secure them on the ground with clear contact paper.

Winter Stew

- 1 cup winter squash (diced, or 1/2 can, about 8 ounces, low-sodium sweet potatoes, drained)
- 1 cup turnips (diced, or 1/2 can, about 8 ounces, low-sodium sliced potatoes)
- 1/2 cup onion (diced)
- 2 1/2 cups low-sodium tomato juice
- 1/4 teaspoon black pepper
- 1 tablespoon paprika (optional)
- 1 1/2 pounds cooked stew meat
- 1/4 cup canned apricots (drained and diced, about 2 ounces, optional)

In a large pot, combine all ingredients except beef and apricots and mix well. Bring the pot to a boil for 5 minutes. Cook over low to medium heat for 30 minutes. Stir every 15 minutes. Add beef and apricots to the pot and mix well. Cook over low heat for 10 minutes.

Recipe from USDA Mixing Bowl



Minnesota Child Care Provider Information Network (MCCPIN)

Is on Facebook.

Like us on Facebook to receive the latest information from MCCPIN.

The MCCPIN Facebook group is designed to support all licensed child care providers in the State of Minnesota. Supporting providers to provide professional, quality child care is our forum. Keeping providers aware of breaking news in the profession and best practices is our goal. Join the Facebook group today and support the profession of family child care through your membership with the Minnesota Child Care Provider Information Network, the new State Association for family child care providers. Your membership is a business deduction and is important for professionalism!



NAFCC Affiliation

MCCPIN applied and has been granted Affiliate Status with the National Association for Family Child Care. MCCPIN reviewed the requirements to apply for affiliate status with Bill Hudson, CEO of NAFCC, and it was determined MCCPIN had met all the requirements.

Family Child Care Providers can be accredited by a program offered through NAFCC. Sheryl Warner is the contact person for NAFCC accreditation. Call 651-636-1989 and Linda will facilitate the support Sheryl has to offer those going through the accreditation process.



In Memoriam: Ann Kaner-Roth

MCCPIN would like to acknowledge Ann's contribution to the family child care field over the years. Ann Kaner-Roth was a champion for affordable child care and higher voter turnout. Ann was executive director of Child Care WORKS, an organization that focused on improving child care for Minnesota's families. After about 15 years fighting to change state policies from the outside, she started working for Minnesota's government in 2015 as deputy secretary of state. "She was a person of many talents, and over and over again in her career she dedicated her talents to projects that gave equal voice and equal dignity to as many people as she could," said Secretary of State Steve Simon, who made her his deputy in 2015. (Quote from the Star Tribune article) Those of us in the child care field who knew Ann personally, would certainly agree. Child Care will miss her energy and enthusiasm. Ann died December 21, 2017 of brain cancer. She was 49. She is survived by her husband, Marc Roth, and children Avia, Ari and Isa of Minneapolis. MCCPIN would like to extend our sympathy to the family. She will truly be missed.





Minnesota Child Care Provider Information Network (MCCPIN) Early Childhood Conference

Hands on Learning



April 7, 2018 7:00 a.m. – 3:30 p.m.

Conveniently located at:
Child's Planet Early Learning Center
103 Homestead Drive, Mankato, MN 56001

6 Hours of Training Offered at This Exciting Event!

Various topics will be offered throughout the day with participants having the opportunity to select the topics of their choice the day of the conference.

Registration 7:00 a.m. – 8:00 a.m. **Training** 8:00 a.m. – 10:00 a.m.
Training 10:15 a.m. - 12:15 p.m. **Lunch** 12:15 p.m. – 1:15 p.m.
Training 1:30 p.m. – 3:30 p.m.

VENDORS

Lula Roe	Kim Burg Baerg Puppets	Bounce Town
Edvantage	Carol's Affordable Curriculum	Honey Do Products
CCNI	Thirty One Gifts	Daycare Detector

Early Morning Training 8:00 a.m. - 10:00 a.m.

Matt Maas

Emergency Preparedness for Child Care Homes

Learn how the required Emergency Preparedness Plan in child care settings fits into the statewide/county planning process. Learn who the responsible agency in your county is. Understand possible answers and the whys of the questions on the Emergency Preparedness Plan as the content pages are explained.

2 hours of training NOT DEVELOP approved.



Cyndi Cunningham

In the Know: Fly, Fly Away, Monarch Butterflies in Child Care

Discover how raising monarch butterflies and studying their migration broadens children's view of their role in the world both close to home and far away. Learn the fundamentals of how to integrate the raising of Monarch butterflies in your Child Care setting. Identify techniques for managing the raising of the monarchs, milkweed management (including DHS licensing criteria for poisonous plants), resources for lesson plans and tracking of the migration.

KCF II.B: Promoting Cognitive Development (2 Hours)



CONTINUED ON NEXT PAGE

Morning Training 10:15a.m – 12:15p.m.



Jennifer Rothmeyer
Integrating STEM Skills into Garden Spaces

Discover practical ways of integrating Science, Technology, Engineering, and Math (STEM) into outdoor garden spaces using play-based methods. Identify developmentally appropriate techniques to adapt materials and activities based upon children’s developmental ages and skills. Explain how each practice will relate to STEM education.

KCF II.B: Promoting Cognitive Development (2 Hours)



Aloha Davis
Body Language: I am Moving I am Learning

Body Language is about celebrating and having a party when children reach those countless milestones. Everyone can facilitate movement experiences with children. In this I am Moving I am Learning Module you will learn to pre-plan for motor activities, ensuring success but more importantly learn to build children’s skills for analyzing and problem-solving in relation to body movement.

KCF II.D: Promoting Physical Development (2 Hours)

Afternoon Training 1:30 p.m. – 3:30 p.m.



Brittany Browning-Morton
Literacy and Math Bags

During this training examples of homework bags that focus on all the learning domains will be shown. The participants will learn a basic understanding of the MN Early Childhood Indicators of Progress and how to create the bags and align them to the standards. The participants will also receive a list of resources to help with creating their own bags and work collaboratively on making a bag in the training.

KCF I: Child Development and Learning (2 Hours)



Aloha Davis
They’re Here...Now What?

Take the “What Made This? challenge! Need inspiration? Want to see 50-75 craft projects? Want free craft material? In this training you will see completed projects, get ideas for gifts to make for Mother’s and Father’s Day. Also learn the importance of the “process...not the product.” with kids and open ended art experiences.

2 hours of training NOT DEVELOP approved.

Hotel Accommodations



AmericInn Hotel*
240 STADIUM ROAD
MANKATO, MN 56001
507-345-8011

*Ask for MCCPIN Conference
Rate of \$99.00 plus tax for
2 Queen size beds.

Click on this link
to register.

[http://www.mccpin.org/
mccpin-may-2017-con-
ference](http://www.mccpin.org/mccpin-may-2017-conference)



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The election of the first board of directors for Minnesota Child Care Provider Information Network (MCCPIN) will be held March 1 – March 21st. Applications are accepted until February 1st. A list of open positions and the applications are posted on the web site at: www.mccpin.org. Bios of the candidates will be sent the end of February with the ballot sent about March 1st.

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MISSION STATEMENT:

The Mission of the Minnesota Child Care Provider Information Network (MCCPIN) is to support, promote, and strengthen the profession of family child care, thereby enriching the lives of providers, children, families, and communities.

DISCLAIMER:

Minnesota Child Care Provider Information Network (MCCPIN) does not recommend or endorse any specific products or services in this newsletter, nor do the leadership and editors always agree with all viewpoints expressed by authors of articles.

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NEWSLETTER SUBMISSION DEADLINES:

- Summer** - MayDeadline April 1
- Fall** - AugustDeadline July 1
- Winter** - NovemberDeadline October 1
- Spring** - FebruaryDeadline January 1