



Minnesota

Child Care Provider Information Network

Summer 2017

Volume 1, Number 1

New State Association

Read about us on page 3.

Scholastic B O O K S Warehouse Sale

County Association Corner

What's going on in your area?

NEWSLETTER

MCCPIN.org

Table of Contents

-
- 03 Meet Your New State Association
-
- 04 State Wide Structure of MCCPIN
NAFCC Conference
Q & A
NEW Website
-
- 05 Legislative Update
-
- 06 Meet the Providers Who Signed the
Articles of Incorporation
-
- 08
-
- 08 MCCPIN FACEBOOK
-
- 09 Scholastic Books Big Event
Warehouse Sale
-
- 10 The Profession
-
- 11 The Thumbkin Technique
-
- 12 MCCPIN Early Childhood Conference
Board Meetings
Membership
-
- 13 MCCPIN Membership Form
-
- 14 Third Hand Smoke
-
- 15 County Association Corner
Newsletter Contributors
Mission Statement
Disclaimer
Outreach Removal
-

MCCPIN Steering Committee Contacts

Chair of the Steering Committee

Linda Schesso
952-445-2240 schesso77@yahoo.com

Cheryl Gillard
507-374-2794 mcje303@kmtel.com

Marketing Chair

Brenda Novack
507-330-3110 novack@frontiernet.net

Amber Hennessey
218-839-9352 amberhennessey4@gmail.com

Acting Treasurer

Deloris Friske
952-492-3827 friske@frontiernet.net

Membership Chair

Angelique Bruggeman
952-237-7351 bruggemanam@gmail.com

The election of the first board of directors for Minnesota Child Care Provider Information Network (MCCPIN) will be announced this fall. In the near future a list of positions open on the new organization will be posted and applications available at the web site www.mccpin.org.

MCCPIN Newsletter Submission Deadlines:

Summer - MayDeadline April 1
Fall - AugustDeadline July 1
Winter - NovemberDeadline October 1
Spring - FebruaryDeadline January 1

Cover Photo:

Taken from MCCPIN website at: MCCPIN.org

Meet Your New State Association

The concept of a totally separate State Family Child Care Association discussion began shortly after MLFCCA decided to close the Child and Adult Care Food program which had been sponsored for 38 years (since 1978). A name was selected based on goals which include being a source of information to support the licensed family child care providers in the state, the children in their care and families they serve and the profession of family child care in their respective communities.

Minnesota Child Care Provider Information Network (MCCPIN is the acronym)

A mission statement was developed.

The Mission of the Minnesota Child Care Provider Information Network (MCCPIN) is to support, promote, and strengthen the profession of family child care, thereby enriching the lives of providers, children, families, and communities.

Goals for Minnesota Child Care Provider Information Network were proposed.

- To offer RESOURCES which will help providers successfully run

their business, answer questions, find trainings, learn about current research, locate mandated forms, find insurance, connect with licensing, and seek out curriculum and products for your business.

- To offer EDUCATION & TRAINING opportunities, and information where desired training can be found.
- To NETWORK with providers, associations and organizations throughout the state and NAFCC.

A logo was developed.



A web site was created. <http://www.mccpin.org>



These tasks were achieved by August of 2016 by the Provider Advocacy and Leadership Council (PALC), the family child care provider driven component of MLFCCA's new structure, with some input from the current Board of Directors. The PALC was asked by the Board of Directors not to move forward with the new organization based on advice from the attorney until the Child and Adult Care Food Program was closed down.

In January 2017 a group of providers interested in moving forward with the new organization met in Shakopee separate from the MLFCCA structure and developed the by-laws for the association. In February the group moved forward approving by-laws and authorized five providers to draft and sign the Articles of Incorporation and submit them to the MN Secretary of State for MCCPIN to be recognized as a non-profit entity in Minnesota. This task was accomplished with approval granted March 24, 2017. An EIN number was secured for the organization in March and a bank account in April. The group is currently working on securing 501 (C) (3)

status with the IRS which will allow MCCPIN to apply for grants and accept donations.

Family Child Care Providers and provider supporters who have been involved since the by-law drafting:

Linda Schesso

Shakopee

Cheryl Gillard

Dodge Center

Brenda Novack

Waterville

Amber Hennessey

Baxter

Deloris Friske

Prior Lake

Angelique Bruggeman

Savage

Kim Bartick

Bloomington

Mary Ksiazek

St. Paul

Sue Goebel

Norwood/Young America

Cyndi Cunningham

St. Paul

Rebecca Weiss

Bloomington

Karen Bradley

Former provider in Dakota County.

Currently with Child Care Aware

Lori LaLonde

Former provider in Dakota County.

Currently MLFCCA president & teacher

Statewide Structure of MCCPIN

The new structure of MCCPIN is designed to be family child care provider driven with some opportunities for diversity from other professionals that support the mission statement and goals set by the providers who drafted the by-laws and goals of the organization.

The board of directors structure for MCCPIN will be co-presidents, vice president, secretary, and treasurer who will serve as the executive body between full board meetings.

Additional positions will be MCCPIN Membership Chair, MCCPIN Education Chair, MCCPIN Public Policy Chair, MCCPIN Marketing Chair, and MCCPIN Communications Chair all of which will have committees associated with them for members to volunteer their expertise.

The state of Minnesota will be divided into regions with each region having a key representative person on the MCCPIN board of directors. The larger and structured seven county metro area has each county having a representative on the MCCPIN board of directors.

Questions and Answers? Wondering About Something?

Q: What about my membership with MLFCCA?

A: Those who are current members of MLFCCA are switched to Minnesota Child Care Provider Information Network. The next time you renew you will receive MCCPIN membership cards. All benefits you had with MLFCCA and those added by MCCPIN are available to you.

Q: What trainings will MCCPIN offer?

A: MCCPIN is planning a full day conference in Dodge Center, September 16th. Share with MCCPIN any training topics you would like in your area.



National Association for Family Child Care Conference



The National Association for Family Child Care (NAFCC) conference is being held in Mobile, Alabama this year July 19-22, 2017.

For more information see:
<http://www.nafcc.org/Conference2017>
Early bird registration ends May 31st.



The web site for Minnesota Child Care Provider Information Network (MCCPIN) is published. Bookmark the site for future reference and explore content that's useful to you and your business.

Features include:

- Education
- Accreditation Facilitation Project
- Provider Resources
- Networking
- Membership

<http://www.mccpin.org>

Legislative Update

T

here are approximately three weeks left in the current legislative session. Family Child Care licensing bills are included in the Omnibus bills and the budget that has been turned over from the Legislators to Governor Dayton. This is now a budget 'battle' between the DFL, GOP & Governor Dayton.

Omnibus bills are more difficult to track. Omnibus bills are in the hands of the chairs of the Conference Committee, both Senate & House, both Republican & Democrats, and Governor Dayton. They will be 'negotiating' to reach agreement. If not concluded by the deadline, it is always possible that a Government shut-down could occur.

Many of the Fed Block grant requirements are not included in the Omnibus bill. DHS will need to address that after session. DHS does not need legislation to implement steps to comply with the Federal Block grant. In other words, providers serving CCAP may be impacted without legislation.

Concerns for Family Child Care: Governor Dayton is pushing again for a form of Universal Pre-K. He has made it known that this is a bargaining chip and may be willing to shut the Government down.

- * Pre-K would not be a required grade. Kindergarten is not currently required. This expansion may sound good to parents and 'experts' but it has implications for all the components of the early childhood field.
- * This move would expand all day, every day pre-K.
- * This will have huge impact on parents, providers and the overall system.
 - Some children may not be developmentally ready for a structured setting.
 - School districts cannot use this funding for any other grade levels.

Most districts are hurting for funding at upper grades. Does your district have the space available to add another program?

- Finding child care and running a business will become more difficult as 4 year olds will be pulled out of care, and yet families will still need before/after and non-school care. Areas (both in Minnesota and nationwide) where this has been implemented have felt that impact.
- * Licensed teachers as Pre-K instructors are Governor Dayton's and the commissioner of MDE's goal.
- * Kindergarten may become required.

Action: ASAP!!! Legislators need to know how to respond if it comes down to the wire.

Is the expansion of school based Pre-K worth pushing back

on, to possibly have the Government shut down?

Formulate your thoughts based on facts.

Focus on families and children, not just our businesses. This is more effective than pleading for our jobs.

The pre-K investment impact is negligible by third grade (Head Start Studies). Elementary schools do not have enough funding for science, music, or additional staff to reduce ratios.

The lower socio-economic status children are one group where the disadvantage is present. Overall funding doesn't focus on the challenges.

Review info on Close Gaps by 5 website <http://close-gapsby5.org/> (Previously PASRmn/Melf. Promoters and developers of Parent Aware.) You do not have to agree with Parent Aware nor participate, but they do have a broad view of pre-school that would likely be more in-line with Family Child Care's than you might expect. They are also the main organization pushing back against Universal Pre-K.

The GOP/budget includes maintaining those programs which got established last year.

* **Jot down your main points, Keep it Simple!!!**

Heading: Oppose/support expanding school based Pre-K. Think of 3 points, 3 paragraphs, topic sentence in each paragraph followed by 2-3 supporting statements.

* **Call and/or email Governor Dayton's office.**

<https://mn.gov/governor/>

* **Call and/or email party leaders.**

Legislators need to know where to draw the lines of holding this position.

Speaker of the House: Rep Kurt Daudt

(GOP) 651-296-5364 rep.kurt.daudt@house.mn

House Minority Leader: Melissa Hortman (DFL)

651-296-4280 rep.Melissa.hortman@house.mn

Senate Majority Leader: Sen Paul Gazelka

651-296-4875 (must use web form, no email)

http://www.senate.mn/members/member_bio.php?mem_id=1169

Senate Minority Leader: Sen Thomas Bakke

651-296-8881 (must use web form, no email)

http://www.senate.mn/members/member_bio.php?mem_id=1003

* **Contact your own legislator and let them know your thoughts and what you want them to act on!**

<http://www.gis.leg.mn/iMaps/districts/>

Submitted by: Cyndi Cunningham
Cyndi's Daycare.
St. Paul, MN

Meet the Providers Who Signed the Articles of Incorporation for MCCPIN

Linda Schesso
City: Shakopee
County: Scott County

Current County Affiliation and Leadership Roles: Linda is a member of the Scott County Licensed Family Child Care Association where she has served in roles of president, vice president, Shakopee Support Rep and representative from SCLFCCA to the State Association.



Number of years as a licensed child care provider: 27 years

Other experiences in the early childhood field: She was a trainer for new provider classes offered in Scott County. Linda taught Sunday school for many years ages three years through sixth grade.

Goals for MCCPIN: Linda would like to see MCCPIN be the place where Minnesota Child Care Providers go for resources and networking.

Family: Linda's family includes her husband Dave and two adult sons, Robert and Paul.

Past Involvement: Linda has been a long time member of the State Family Child Care Association, Chairperson of the Provider Advocacy and Leadership Council (PALC), Scott County Representative to MLFCCA, and an active member of conference committees.

Photo: Linda Schesso representing MCCPIN at the Faribault Conference with the MCCPIN banner in the background.

Cheryl Gillard
City: Dodge Center
County: Dodge County

Current County Affiliation and Leadership Roles: Cheryl is currently the Program/Training coordinator for the DCLCCA (Dodge County Licensed Child Care Association) and the Region rep for Southeastern MN,

Number of years as a licensed child care provider: 27 years

Other experiences in the early childhood field: Cheryl was a trainer for a couple of years.

Goals for MCCPIN: Cheryl's goals are to provide training/conferences for all areas of child care (family child care providers, center staff, Head Start, school-age child care) in all regions of the state, be a legislative liaison for providers, and support for all Minnesota Licensed providers.



Family: Cheryl has been married to her husband Mark for 32 years and they have two grown daughters. Cheryl has lived in Dodge County all of her life and is currently caring for 11 children, of which some are second generation.

Past Involvement: Cheryl has been a member of the State Family Child Care Association for 20 plus years, and was a county rep for MLFCCA for several years, was part of the leadership portion of the State Conference where she brought ideas of what worked to make our local county associations better.

Meet the Providers Who Signed the Articles of Incorporation for MCCPIN (Continued)

Brenda Novack
City: Waterville
County: LeSueur County

Current County Affiliation and Leadership Roles: Currently LeSeuer County does not have an association. Brenda volunteers mentoring providers in her area. She also helps the licenser set up training and advocate for providers through networking opportunities and organizations.

Number of years as a licensed child care provider:
20 years

Other experiences in the early childhood field: In 1996 Brenda opened her first family child care program, Playful Learning Child Care. In 2002 she closed her family child care program to take a position at Buddies



and Pals Learning Center in Waterville, Minnesota. While working at Buddies and Pals, Brenda was an infant/ toddler teacher during the school year and ran the school age program in the summer. In 2009 Buddies and Pals closed. Brenda took the opportunity to open Little Wonder's Daycare as a li-

censed family child care home. Little Wonder's Daycare is licensed for twelve children and she is currently caring for twelve children ranging in age from infant to school age.

Goals for MCCPIN: Brenda would like more advocacy and networking opportunities for providers, in addition to resources and education for child care providers and families.

Family: Brenda has been married for twenty five years to her husband Don and together they have raised four children. Their oldest daughter, Sarah, is currently serving in the Peace Corp. She teaches math on the island of Zanzibar. Their second daughter, Danielle, is an American Sign Language Interpreter working in a High School. Their third daughter, Nicole, is attending North Central University for Ministry and their son, Andrew, will be a senior in high school this fall. Brenda currently serves twelve families in Waterville and the surrounding area. Children are her passion and she believes every experience is a learning experience.

Past Involvement: Brenda has been a member of the State Family Child Care Association for five years.

Amber Hennessey
City: Baxter
County: Crow Wing County

Current County Affiliation and Leadership Roles: Amber is the current Treasurer of Crow Wing County Licensed Family Child Care Association. She has also held the position of President/Vice President and is a trainer.

Number of years as a licensed child care provider:
12+ years

Other experiences in the early childhood field: Amber has been the lead teacher in toddler rooms in centers and director of Youth and Education.

Goals for MCCPIN: Amber's goal for MCCPIN is to reach more FCC providers across the state and support them in improving the quality of care they provide, helping them obtain the correct trainings and education to meet these goals.

Family: Amber's family includes her husband, a dedicated turkey hunter, and four sons ages 7-12 who are active in traveling sports. Amber travels the state!

Past Involvement: Amber has been a member of the Provider Advocacy and Leadership Council of MLFCCA. Amber is an MLFCCA credentialed mentor.



Meet the Providers Who Signed the Articles of Incorporation for MCCPIN (Continued)

Deloris Friske
City: Prior Lake
County: Scott County

Current County Affiliation and Leadership Roles: Deloris is on the board for the Scott County Licensed Family Child Care Association where she currently is appointed the web site coordinator. She coordinates the Family Child Care Pathways to Success classes offered to new providers in the south metro area.

Number of years as a licensed child care provider:
 34 years

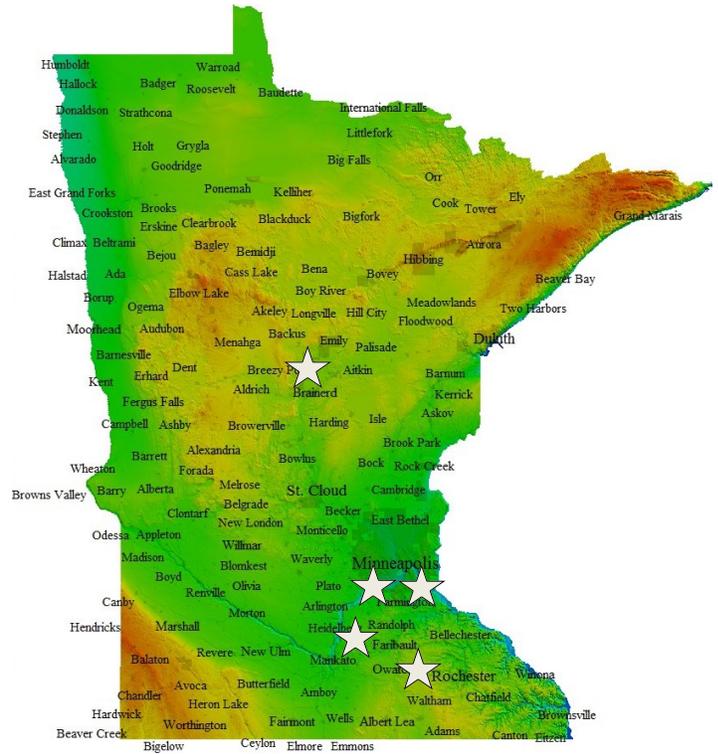
Other experiences in the early childhood field: Deloris is a trainer and curriculum writer for family child care. She and Beth Mork authored Essential Elements for Family Child Care (a curriculum for new providers) and a Family Child Care Mentoring program that has been trained in Minnesota, Tennessee, California and South Dakota. In the past she was active in the legislative process with redefining the definition of a toddler to what it is today.



Goals for MCCPIN: Deloris' goals for MCCPIN include reactivating, revising, and initiating programs that make a difference in the business and professional life of family child care providers. This includes having a strong networking system and resources available to meet the ever changing dimensions of the family child care profession.

Family: Deloris' family includes her husband Lloyd and four grown children, all of which were raised in her family child care setting. She has 3 grandchildren, one of which is in a licensed family child care in Wisconsin. She is active as a Confirmation instructor in her church.

Past Involvement: Deloris' experience is long with the former State Association. She has been a member for 34 years, held many of the positions on the board of directors, and has seen the organization ebb and flow with the changes in the family child care profession in Minnesota.



The stars on the Minnesota map indicate the counties where the MCCPIN Officers live.



**Minnesota Child Care Provider
 Information Network
 MCCPIN**

Is on Facebook.

Like us on Facebook to receive the latest information from MCCPIN.

Scholastic Book Fairs®
Big Event
 WAREHOUSE SALE

25%–80% OFF

Get your **SUPER SAVINGS PASS** online!
scholastic.com/bookfairs/warehouse

\$10 or **\$25** or **\$50**
off your \$50 purchase off your \$100 purchase off your \$200 purchase

2017 Scholastic Books Big Event Warehouse Sale

Brooklyn Park, MN Warehouse
 Scholastic Book Fairs Warehouse
 7200 93rd Avenue N.
 Brooklyn Park, MN 55445

May 8 - 20

Weekdays, May 8 -19: 10 am.-7 p.m.
 Saturdays, May 13 & 20: 8 a.m.-4 p.m.
 Closed Sundays

(763) 391-0930

Hudson, WI Warehouse
 Hudson House Grand Hotel
 1616 Crest View Drive
 Hudson, WI 54016

May 30 - June 1

Tues-Wed, May 30-31: 11 a.m.-7 p.m.
 Thursday, June 1: 11 a.m.-7 p.m.

(800) 635-7323

Scholastic Book Information

http://registration.scholasticbookfairs.com/events/warehouse/?&zip=55445&promo=15441&key=1&action=C&eml=sb-f/e/20170319/email///CAWSE_BigEvent_1_HOUSE//register/////

Important: Items purchased with Scholastic Dollars do not qualify for discount pricing, but customers can apply the SUPER SAVINGS PASS discount against the total purchase. Sales tax charged if applicable. If your school is tax exempt, please bring your valid tax-exempt certificate.

The Profession



The National Association for Family Child Care has been encouraging family child care providers to participate in survey's from the NAEYC. Two surveys have been conducted to date. When the next survey is available, MCCPIN will send it out as a Shout Out for your participation.

What is Power to the Profession?

Power to the Profession is a national collaboration to define the early childhood profession by establishing a unifying framework for career pathways, knowledge and competencies, qualifications, standards and compensation.

What are the initiative's goals?

Building on guidelines, frameworks and standards that currently operate across programs, organizations and states, this initiative aims to establish a shared framework of career pathways, knowledge and competencies, qualifications, standards, and compensation that unifies the entire profession, which will lead to a comprehensive policy and financing strategy for their systemic adoption and implementation.

Click [here](#) to read more about Power to the Profession.

IMPLEMENTATION: POWER TO THE PROFESSION

Because every single child, birth to age 8, deserves access to effective early childhood educators...

Because becoming an effective early childhood educator requires specialized knowledge and skills...

Because early childhood educators deserve comparable compensation and supports...

Because we need the public to make significant investments in early learning...

Because child care and early learning are bipartisan issues...

Because we need more accessible and effective higher education degree programs...

Because we have been unclear and inconsistent about who is an early childhood educator...

Because we have had this conversation for decades and can build on some existing systems...

Because other professions, like nurses, have done this...

... It is time to advance early childhood educators as a unified profession

We are seizing this moment by leading Power to the Profession, a national profession-led dialogue to advance

early childhood educators as a unified profession. Click [here](#) for an overview of Power to the Profession.

What do you mean by profession? What are the core components of a profession?

Established professions are built upon a shared purpose, common identity, and agreement on the unique responsibilities and characteristics of their professionals, defined by the profession itself. Other professions, such as nursing, speech pathology, architecture and public accounting, have elements of these core components in place:

- distinct responsibilities
- scope of practice (practices professionals can and cannot be expected to perform)
- code of ethics
- competencies
- standards and expectations for practice
- educational requirements for entry
- higher education accreditation
- entry exams
- continuing education requirements
- certification
- licensing from a state board
- legal consequences for negligent practice

While the early childhood education field has pieces of these components in place, Power to the Profession will establish unifying frameworks that include each of these components and ensure they apply across all early education settings that serve children birth through age eight.

How will the Early Childhood Education profession become a more unified profession?

All core components of the profession will be defined between January 2016 and December 2018. There will be multiple opportunities to convene and seek out the expertise of early childhood educators, national organizations and their affiliates, higher education faculty, and other experts to create a unifying framework for the profession.

The core components of the profession as well as compensation guidelines and required infrastructure will be established through a series of transparent, stackable and iterative decision cycles.

How can I get involved?

Take the next survey and let your opinions regarding the role of family child care be heard!

Source: <http://www.naeyc.org/profession/overview>

The Thumbkin Technique

By Sarah Stanko, Licensed Family Child Care Provider

I love teaching children the basics of how to do some of those little life skills that most people never take the time to realize the skill even needs to be taught. Let's look at cutting for instance. Do YOU remember learning how to cut? Probably not. However, someone DID teach you at some point in your life.

So how do you teach a child to use scissors? I am sure there are many ways, but I have my own. It is called the "Thumbkin Technique". Most of us know the "Where is Thumbkin" song. If you don't, "google" it.

Step 1 in my teaching children to cut is to teach them this song. After they know the song and the names of each finger, we are ready for step 2.

Step 2 is to show them the scissors and talk about the different size holes. Here is what I say to them. "Okay kids, you have a small hole and a larger one. Remember Thumbkin? Well, he has a VERY important role in cutting. He gets to be in the driver seat (the small hole). His friends, Pointer and Middle Man, get to be the passengers (large hole)." Show the children what you mean by demonstrating how to position your fingers.

Step 3 is said this way, "The most important thing to remember is Thumbkin NEEDS to be able to see where he is going so he can show Pointer and Middle Man the way. The way Thumbkin can see where he is going is by ALWAYS looking at the ceiling. If he is not looking at the ceiling, he gets lost and starts to turn around." At this point, show the children what it looks like to have your wrist twist around resulting in your thumb pointing down. You can also show how hard it is to cut paper this way.

Step 4 is encouraging the children to make sure Thumbkin is looking at the ceiling. If you see their wrist turn, simply say "Where should Thumbkin be looking?"



The names of the fingers can also be used when teaching the pincer grasp. Place the pencil toward you. Have Thumbkin and Pointer "pinch" the top closest to the lead and have Middle Man "kick" (flip) the pencil over. The "kicking" made Middle Man tired, so now he needs to rest on Ring Man and Pinky while at the same time letting the pencil use him as a pillow.

Just remember the next time you tie your shoe, zip your zipper, or button your shirt that SOMEONE taught you how to do that. Our little friends need guidance and patience and being a part of a child's first skill learning is priceless. YOU are a teacher. Be proud.

Sarah Stanko
Preschool Teacher at Happy Daisy Preschool
952.239.7177
www.happydaisypreschool.com

Mark Your Calendars

MCCPIN Early Childhood Conference
Sept. 16th 2017

Triton High School
813 Hwy St W, Dodge Center, MN 55927
Featuring Keynote
Katy Smith



Katy Smith has been engaging communities in conversations for more than 30 years. Katy is an educator, a trainer, and the 2011 Minnesota Teacher of the Year. Katy is the first early childhood teacher in Minnesota, and the first parent educator nationally, to be honored with the award.

Board Meetings

Board meetings are the third Saturday of the month during the organization stage of Minnesota Child Care Provider Information Network.

When: May 20, 2017 10:00 a.m. to 1:00 p.m.
Location: Highland Park Library
1974 Ford Parkway
St. Paul, MN 55116

You may attend in person or via Uber Conference by dialing: 888-549-8895 or 651-300-5498

Future Meeting Dates:

June 17th Site to be determined
July 15th Site to be determined
August 19th Site to be determined



Membership in MCCPIN

Membership in Minnesota Child Care Provider Information Network (MCCPIN) is an opportunity to support the profession of family child care in the state of Minnesota. Current membership benefits are outlined under the Membership tab on our website at MCCPIN.org.

Your experience in your region of the state of Minnesota and your concerns are often concerns of providers throughout the state. As a member, MCCPIN asks that you share your concerns and ideas with steering committee members and future boards. Hearing from individual members is the means to initiate grass roots changes and increase the power of implementing changes with a dedicated supportive body of providers. Provider based organizations have implemented profession changes via legislation in the past. MCCPIN is monitoring changes this session and will be more active in the future. Change occurs when voices are heard, not silent. Thank you to the work done by Family Child Care Inc. (Rochester), Cyndi Cunningham, and the Minnesota Association of Child Care Professionals.



As part of your professional portfolio and part of Parent Aware process, let your community know you are a member of a professional organization that cares not only for children but for each of us in the profession. **Join today.** You may join on-line at www.mccpin.org, by downloading a membership form from the website or printing the **membership form on page 13**, and sending your commitment to the profession to:

MCCPIN
PO Box 1136
Prior Lake, MN
55372

The \$48.00 membership fee is a business deduction.

Be part of change.....Be part of something new.....Be the best family child care provider you can be!

Third-Hand Smoke?

Everyone knows about second-hand smoke, but not many are as familiar with third-hand smoke.

Third-hand smoke is the sticky, residual contamination that lingers on surfaces after cigarettes have been extinguished. Exposure to this invisible but toxic mixture of gases and particles can be especially hazardous to children.

According to studies, the harmful particles remain on counter-tops, floors, upholstery, carpets, clothing and other surfaces for months after a cigarette was smoked.

Infants and toddlers are particularly susceptible to third-hand smoke exposure because of their tendency to crawl and play on these contaminated surfaces. The developing brains of children are most vulnerable to even the lowest levels of toxins.

Second-hand smoke is, of course, still a large factor for children who are in homes where someone smokes. Per the U.S. Surgeon General's 2006 report, there is no risk-free exposure to second-hand smoke.

Further hazards of smoking indoors include toxic litter, nicotine poisoning and fire hazards. Cigarette butts can be fatal when ingested by children. The average cigarette butt contains 0.1 to 1.5 milligrams of nicotine. Ten milligrams of nicotine can be lethal, but just two milligrams are toxic to children. Fires started by lighted cigarette products constitute the leading

cause of fatal home fires in the U.S., while nicotine is an acute toxin.

Exposure to nicotine through cigarette butts, electronic cigarette liquids or other tobacco waste can cause nausea and vomiting, respiratory arrest, seizures and even death. In 2013, nicotine poisonings from e-cigarettes accounted for 23 percent of the

218 teen and child tobacco-related poisonings in Minnesota.

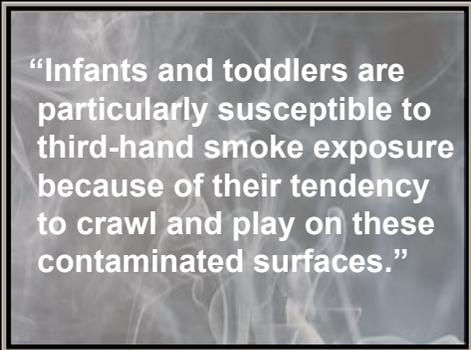
The one space where adults and children are most exposed to second-hand smoke is in the home. Almost 60 percent of U.S. children aged 3 to 11, or about 22 million children, are exposed to second-hand smoke in their homes.

In Minnesota, smoking is not allowed anywhere within the indoor areas of a licensed day care center, day care or group family day care provider during the hours of operation. Some counties prohibit indoor smoking 24/7. These types of regulations go the furthest in protecting vulnerable children.

If indoor smoking is allowed in a day care home outside of the hours of operation, the day care provider must disclose this by posting a conspicuous written notice

and verbally informing parents or guardians that smoking is allowed in the home outside of the hours of operation.

You can do something, too. Protect all children by making your property, home and vehicle smoke free.



“Infants and toddlers are particularly susceptible to third-hand smoke exposure because of their tendency to crawl and play on these contaminated surfaces.”



Source: Kaitlyn Suhr, Health Educator with Dodge County Public Health.

County Association Corner

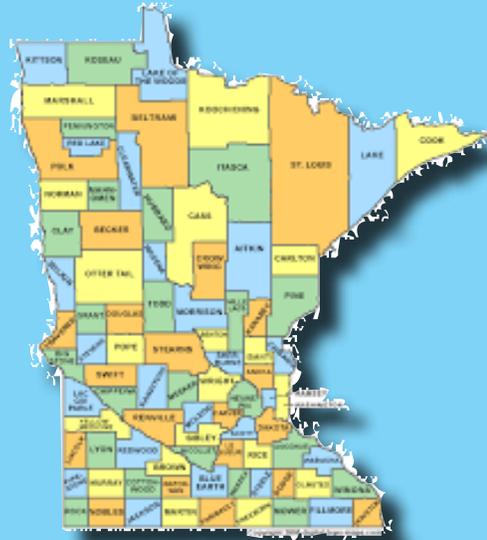
The **Scott County Licensed Family Child Care Association (SCLFCCA)** offers the 2018 Redleaf Press Calendar Keeper to county associations, neighborhood groups, or support groups statewide. Calendars are ordered the beginning of June and arrive the end of August or first week of September. Cost is \$11.25 per calendar when ordering 1-74 calendars. For information regarding ordering contact the SCLFCCA via Deloris Friske at 952-492-3827 or friske@frontiernet.net

Your Association's activities, such as conferences, can be noted in this section in the future. When your association is a member of MCCPIN, your web site and contact information will be posted on the web site under Networking: County Association

Join Today and Be Listed Here:

County Associations / Neighborhood Groups

- Carver County Licensed Childcare Association
- Dodge County Family Child Care Association
- Hennepin Licensed Family Childcare Association
- North East Hennepin Family Child Care Group
- Pope County Family Child Care Association
- Ramsey County Family Child Care Association
- Scott County Licensed Family Child Care Association
- Stearns-Benton Child Care Association
- Wright County Family Child Care Association
- Family Child Care, Inc. (Olmstead County)



Check out our links to their web sites at www.mccpin.org/networking/CountyAssociations.

Newsletter Contributors:

- | | |
|------------------|--|
| Kaitlyn Suhr | Health Educator Dodge County Public Health |
| Brenda Novack | Family Child Care Provider |
| Deloris Friske | Family Child Care Provider |
| Linda Schesso | Family Child Care Provider |
| Cheryl Gillard | Family Child Care Provider |
| Amber Hennessey | Family Child Care Provider |
| Cyndi Cunningham | Family Child Care Provider |
| Sarah Stanko | Family Child Care Provider |
| Bill Hudson | CEO NAFCC |

Mission Statement: The Mission of the Minnesota Child Care Provider Information Network (MCCPIN) is to support, promote, and strengthen the profession of family child care, thereby enriching the lives of providers, children, families, and communities.

Disclaimer: Minnesota Child Care Provider Information Network (MCCPIN) does not recommend or endorse any specific products or services in this newsletter, nor does the leadership and editors always agree with all viewpoints expressed by authors of articles.

Outreach Removal: You are receiving this e-mail electronic newsletter because you are a member of MCCPIN or MLFCCA, a past member of MLFCCA, or you requested to join our MCCPIN or MLFCCA mailing list. If you would like to be removed from this e-mail list, please "Reply" to this e-mail and put "Remove from list" in the subject line and we will remove you.