



PLAY

IT'S NOT ALL FUN AND GAMES

In an attempt to keep children from falling behind before they have even started, we may bypass play opportunities. The skills that children learn through play are skills that are vital for children to acquire in early childhood, as they lay the foundation for learning in all domains. The list of skills and abilities that children can master through play is endless. Through rich play activities, children build cognitive, language and literacy, fine and gross motors skills, and social and emotional competence. Pediatricians advise parents to look for quality childcare programs with a playful approach to learning. Adult organized activities are not play. Play is voluntary. Play is fun. Play is a skill to be learned. Have *you* played today?

**Children with no Play
Experiences are at a
Disadvantage**

**Encourage Imaginary
Play**

**Play is an Opportunity
to Learn and Practice
New Skills**

Play brings Joy!

**Play is the Most
Important Way to
Nurture Development**

**Purpose
Learning
Active
Yes Please!**

RESOURCES

zerotothree.org
healthychildren.org
naeyc.org



Supporting, promoting, and strengthening the profession of family childcare thereby enriching the lives of providers, children, families, and communities.